

## **Community Care and Services**

### **Home Care Packages**

Welcome to **Diversicare** and thank you for choosing us. We are looking forward to supporting you as one of our valued clients for many years to come. **Diversicare** is the community care division of ECCQ, providing flexible, responsive and high quality care for older people and their Carers in their own homes. The support given through our in-home services enables people to enjoy life, maintain their personal independence, good health, wellbeing and remain connected to their community. We can provide these services through government funded Commonwealth Home Support Program (CHSP) and our Home Care Package Program.

**Diversicare** offers culturally appropriate services in over 46 different languages, including leisure activities and outings at our day respite centre “CONNECT”. We are also committed to providing support to people living with dementia and their Carers.



There are many different types of services and supports available to you under a Home Care Package. What can be accessed depends on the level of package and any further contributions that you choose to make, here are some examples of how you may use your package.



### **Connecting back with your Community and Interests**

- ✓ Centre-Based group respite
  - ✓ Shopping assistance
  - ✓ Escorting to attend social events of your choice or rekindling a past interest
  - ✓ Transporting and escorting you to visit friends and family
- **Carer Support**
    - ✓ In-home respite services- providing companionship or a social outing for you care, whilst your carer has a break from the caring role
    - ✓ Dementia Advisory services
    - ✓ Linkages to Carer Support Groups

- ✓ Overnight Respite in your home
- ✓ Cottage Respite – is a home away from home, providing 24 hour care for you, including meals and support with activities of daily living and social activities of your choice
- **Transport**
  - ✓ Taxi Vouchers
  - ✓ Transport with assistance to appointments, social events or general outings of your choice
- **Personal Care – Assistance / Supervision with: -**
  - ✓ showering,
  - ✓ medications
  - ✓ application of pressure stockings
  - ✓ personal grooming



- **Nursing Services**
  - ✓ Wound Care Management, including purchasing of wound consumables e.g. Dressings
  - ✓ Contenance management, including purchasing of continence aids
  - ✓ Diabetes management
  - ✓ Falls assessments
  - ✓ Cognitive assessments
  - ✓ Catheter care and consumables
  - ✓ Health monitoring and assessments e.g. Blood pressure monitoring
  - ✓ Pain assessments

- **Allied Health**

- ✓ Prosthetics
- ✓ Podiatry services, including purchasing of orthotics
- ✓ Dietitian, including purchasing of dietary supplements e.g. Sustagen
- ✓ Occupational Therapy assessments and purchases
  - e.g. For ramps, rails, home modifications (including bathroom).
- ✓ Mobility equipment (wheelchairs, walking frames, motorised scooters), shower chairs/shower stools/commodes adaptive eating utensils, visual aids, assistive technology e.g. Personal safety alarms



- ✓ Mobility scooter servicing
- ✓ Electric recliners
- ✓ Pressure-relieving mattresses and cushions
- ✓ Speech Therapy, including the purchasing of required items
- ✓ Exercise Physiology e.g. individual exercise programmes to maintain or improve your health, including assisting with chronic conditions such as diabetes and heart disease



- ✓ Physiotherapy, including pain management, assistance through movement and exercise, manual therapy, education and advice, mobility assessments, and purchasing of equipment e.g. Wheelie walkers, hoists
- ✓ Massage therapy e.g. For pain management
- ✓ Tai Chi / Yoga
- ✓ Aqua classes
- ✓ Pilates
- ✓ Hydrotherapy
- ✓ Gym membership
- ✓ Music therapy - assists to improve your health functioning and well-being
- ✓ Audiology, including purchasing of hearing aids
- ✓ Non slip mats
- ✓ Mattresses
- ✓ CPAP Machine/ masks
- ✓ Oxygen
- ✓ Slide sheets
- **Specialised Support Services**
  - ✓ Dementia Advisory Services
  - ✓ Social Workers
  - ✓ Psychologists

- **Meal Preparation**

- ✓ Cooking classes
- ✓ Assisting with preparing and cooking of meals of client's choice from their homeland



- **Domestic Assistance**

- ✓ Assistance with basic chores around the house e.g. Vacuuming, mopping, laundry, cleaning bathroom and toilet, cleaning out the fridge or pantry and dusting, changing bed linen, clothes washing.
- ✓ Utilising Contractors for window cleaning, spring cleaning, carpet cleaning and pest control

- **Yard and Garden Maintenance**

- ✓ Lawn Mowing
- ✓ Weeding
- ✓ Pruning and trimming of trees/bushes
- ✓ Cleaning gutters

- **Services that Keep You Safe in your Home**

- ✓ Key safes
- ✓ Electronic pill dispenser
- ✓ Sensor mats/beams
- ✓ Personal Alarms
- ✓ Risk assessments
- ✓ Changes to your home to improve safety and access
- ✓ Non slip mats
- ✓ Smoke alarm installation
- ✓ Pest Control
- ✓ Air Conditioners
- ✓ Grab rails



Please be advised, under the Home Care Package Guidelines, utilisation or purchasing of services and equipment may require an assessment from a Health Professional. These assessments can be funded under the Home Care Package.

**Tel 1300 348 377**  
**[www.diversicare.com.au](http://www.diversicare.com.au)**